



A light therapy device comprising:

 an outer housing including an opening;
 a light emitting assembly in the housing and operable to emit light through the opening in the housing, the light emitting assembly including a plurality of LEDs capable of generating 2,500 lux to 7,500 lux at 12 inches.

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- 2. The light therapy device of claim 1 wherein at least some of the LEDs are capable of emitting white-light.
- 3. The light therapy device of claim 1 wherein a diffuser screen of light diffusing sheet material is positioned over the LEDs.
 - 4. The light therapy device of claim 1 wherein the housing accommodates a therapy calculator for determining a treatment regime based on an input of information.

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5. The light therapy device of claim 1 wherein the housing includes a first member and a second member, the first member and the second member being releasably locked together and the light emitting assembly being storable in the first member and being mountable on the housing such that the housing acts as a base to support the light emitting assembly.

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- 6. The light therapy device of claim 5 wherein the first and second members are pivotally connected.
- 7. The light therapy device of claim 6 wherein the light emitting assembly is mounted onto the first member and the second member forms a base for support of the first member.



8. The light therapy device of claim 1 wherein the housing is mounted into a vehicle passenger compartment so as to provide light treatment to vehicle passengers or operators.